

## University of Pretoria Yearbook 2018

## Applied nutrition 252 (EXE 252)

Faculty	Faculty of Humanities
Module credits	8.00
Prerequisites	EXE 152
Contact time	3 lectures per week

Undergraduate

**Language of tuition** Afrikaans and English are used in one class

**Department** Sport and Leisure Studies

**Period of presentation** Quarter 2

## **Module content**

**Oualification** 

Food environment, nutrition during growth, nutrition and physical fitness, nutrition and stress management.

The information published here is subject to change and may be amended after the publication of this information. The General Regulations (G Regulations) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the General Rules section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.

<sup>\*</sup>Service module offered by the Department of Human Nutrition for Biokinetics, Sport and Leisure Sciences.

<sup>\*</sup>Closed - requires departmental selection.